

East Carlton 5 16th October 2011	Category	Club	Time
Male			
1 Stuart Nelson	Senior man	Rugby & Northampton AC	27.44
2 Danny Keating	Vet 45	Corby AC	28.25
3 Troy Garrity	Senior man	Corby AC	28.37
4 Gareth Deacon	Vet 45	Leicester Coritanian	28.57
5 Ian Mansell	Senior man	Centurion RC	29.11
6 Ady King	Vet 40	Harborough AC	29.33
7 Terry Toseland	Vet 40	Wellingborough & District AC	29.34
8 Terry Egan	Vet 50	Rugby & Northampton AC	30.14
9 Jim Morris	Vet 45	Stamford Striders	30.51
10 Paul Grogan	Vet 50	Jersey Spartan AC	31.02
11 Ben Malia	Senior man	Rugby & Northampton AC	31.3
12 Kemal Mehmet	Vet 40	Kettering Town Harriers	31.55
13 Glenn Marshall	Vet 50	Unattached	32.37
14 Sam Furey	Senior man	Corby AC	32.48
15 Scott Magee	Vet 40	Corby AC	33.17
16 David Babbs	Vet 55	Stamford Striders	33.44
17 Dale Willis	Senior man	Corby AC	33.5
18 Reg Allen	Vet 55	Thorney RC	33.52
19 Paul Page	Senior man	Bushfield Joggers	34.57
20 Ian Robb	Vet 50	Corby AC	35.08
21 Jim Stocker	Vet 60	Unattached	35.1
22 Mark Bland	Vet 45	Corby AC	35.24
23 Mick Revil	Vet 45	Stamford Striders	35.58
24 Paul Hannah	Vet 55	Stamford Striders	36.03
25 Jason Richards	Vet 60	Unattached	36.08
26 Kieran O'Keeffe	Vet 50	Corby AC	36.1
27 Richard Peters	Vet 55	Unattached	36.24
28 Mike Dallamore	Vet 50	Corby AC	37.01
29 Joel Benedickter	Senior man	Corby AC	37.15
30 Steve Foxon	Senior man	Harborough AC	38.33
31 Colin Radford	Vet 50	Ramsey Road Runners	39.04
32 Tom mann	Vet 40	Unattached	39.09
33 Dave Aust	Vet 45	Stamford Striders	39.46
34 Kevin Lidyard	Vet 50	Unattached	40.21
35 Jon Deards	Vet 40	Unattached	40.46
36 Robert Gumbeer	Vet 40	Unattached	40.55
37 J Taylor	Vet 65	Unattached	41.04
38 Richard Lashbrook	Senior man	Unattached	41.35
39 Adrian Clarke	Vet 40	Unattached	42.06
40 Brian Farrar	Vet 60	Corby AC	42.23
41 Thomas Dallamore	Senior man	Corby AC	44.03
42 Neil Marley	Senior man	Corby AC	44.43
43 Michael Lomas	Senior man	Unattached	45.32
44 Dave Cashmore	Vet 45	Unattached	46.51
45 Paul Jephcott	Vet 50	Bushfield Joggers	46.53
46 Clifford Punter	Vet 45	Unattached	47.36
47 Geoff Smith	Vet 65	Unattached	47.44
48 David Oram	Vet 65	Harborough AC	48.14
49 James White	Senior man	Unattached	51.19

Female				
1	Hayley Veasey	Vet 35	Corby AC	35.19
2	Vicky Old	Senior woman	Stamford Striders	35.54
3	Maggie Mulholland	Vet 40	Corby AC	36.47
4	Karen Brooks	Vet 50	Harborough AC	37.24
5	Lauren Mehmet	Senior women	Kettering Town Harriers	38.16
6	Sharon McHarg	Vet 45	Corby AC	39.1
7	Suzanne Moon	Senior woman	Stamford Striders	39.26
8	Amanda Hannah	Vet 40	Stamford Striders	40.15
9	Debbie Galletta	Vet 45	Corby AC	40.16
10	Jackie King	Vet 45	Harborough AC	40.36
11	Lianne Brooks	Senior woman	Harborough AC	40.59
12	Tracy Edwards	Vet 45	Harborough AC	42.39
13	Shona Revil	Vet 45	Stamford Striders	43.53
14	Wendy McCabe	Vet 35	Corby AC	44.18
15	Carol Price	Vet 55	Unattached	46.06
16	Maria Sowerby	Vet 55	Stamford Striders	46.21
17	Annette Chambers	Vet 45	Corby AC	47.17
18	Jacqueline Greeves	Senior women	Corby AC	48.49
19	Karen Ewing	Vet 45	Corby AC	48.59
20	Caroline Knight	Vet 45	Corby AC	50.05
21	Miranda Goldstone	Vet 45	Unattached	52.12